



WARWICK Pentath-run

21-22 May 2016

What an awesome concept! Break down a marathon and do it over 2 days!! Or join us and choose out of 5 events for the weekend!



In keeping with our commitment to community for 2016, this event is 'not for profit'. Every year, after race expenses, any remaining funds get distributed to the volunteer groups/our heroes of the weekend!

EVENT/S

www.pentathrun.com

Event Day : Saturday 21 May and Sunday 22 May

There are 5 races to choose from. You can choose to compete in as many as you want to. If you compete in all 5 races the combined distance will be 42.2km or a full marathon. The 5 races of the Warwick Pentath-Run are all held in the Warwick area, 2 hours south-west of Brisbane, along the Cunningham Highway. The "Hub" of this event is the Warwick Indoor Aquatic and Recreation Centre.

Race 1 : YMCA ½ Marathon

Date: Saturday 21st May 2016

Registration: 6:00am – 6:45am

Start: 7.00 am – Race cut off 10.00 am

Type: 1/2 Marathon

Where: Warwick to Yangan

Race 2 : Warwick Credit Union "X" Country

Date: Saturday 21st May 2016

Registration: 11:00am – 11:45am

Start: 12.00 Midday

Type: 4.6 Km Cross-Country

Where: Allora Golf Course

Race 3 : Darling Downs Hotel 5km Road Race

Date: Saturday 21st May 2016

Registration: 2:00pm – 2:45

Start: 3.00 pm

Type: 5 Km road race

Where: Darling Downs Hotel

Race 4 : Nike Robina Ascent

Date: Sunday 22nd May 2016

Registration: 6.45am – 7.10am

Start: 7.15am

Type: 10 Km uphill road race

Where: Killarney to Queen Mary Fall

Race 5 : Voyage Fitness 1500m

Date: Sunday 22nd May 2016

Registration: 10:00am-11:15am

Start: 11.30 am

Type: 1500 meter road race

Where: Warwick CBD

A more detailed description of each race including a map can be found on the official [website](#).

ACCOMMODATION

It is the responsibility of the competitor to book their own accommodation. We would suggest making this a priority as Warwick is a small town and accommodation will book out fast.

Some suggestions are:

53 On Victoria

www.53onvictoria.com.au

0447 613 488

Golden Harvest Motel

www.orbitinns.com

07 4661 1810

Coachmans Inn

www.coachmans.com.au

07 4660 2100

ON TOUR CLOTHING/UNIFORM

Due to the low temperatures expected over this weekend this On Tour special clothing items will be a BRS On Tour Hoodie from or a Polo Shirt, both shown below.

Option 1: On Tour Hoodie \$50.00



- 80%/20% Cotton/Polyester
- Brushed inner jersey knit
- Fleece Knit
- Low Pill
- Flat Tie Cord
- Back will feature the Warwick Event info & BRS Logo

Size	Half-Chest (cm)	Length (cm)
Kids 6	40	48
Kids 8	42.5	52
Kids 10	45	56
Kids 12	47.5	59
Kids 14	50	60
Kids 16/Ladies 8-10	52.5	64
Mens XS/Ladies 12-14	55	69
Mens S	57.5	70
Mens M	60	72
Mens L	62.5	73.5
Mens XL	65	77
Mens 2XL	67.5	79
Mens 3XL	70	84
Mens 5XL	75	86

Option 2: BRS Unisex Polo (with Warwick details under the BRS logo) \$30.00



(Measurement: **CM**)

Size	S	M	L	XL	2XL	3XL
Half Chest	53.5	56	58.5	61	63.5	66
Length	71.5	74	76.5	79	81.5	84

Option 3: Both!!

Please indicate your preference on the [BRS On Tour Form](#) by Friday 1st April .

EVENT ENTRY

Competitors may enter 1, all or any combination of the 5 races. To enter online go to the website home page and click on "[REGISTRATIONS OPEN](#)". You will be redirected to an online registration page. Payment is made on this page.

Fees

	Before 30 April 2016	After 30 April 2016
Race 1	\$50	\$60
Race 2	\$10	\$20
	Note: 15 years and under \$5	
Race 3	\$10	\$20
	Note : 15 years and under \$5	
Race 4	\$35	\$45
Race 5	\$10	\$20
	Note : 15 years and under \$5	
Warwick Pentath-run	\$110	\$155
	Note : All 5 races	

BUS TRANSFERS

As some of the races are a point to point format, bus transfers are provided. Bus transfers from Yangan (free), from Warwick to the start of Race 4 Killarney (\$5.00) and from Queen Mary Falls back to the start of Race 4 (free) need to be selected during online registration. We would suggest getting transfers from Queen Mary Falls as spectator access is difficult and you may not be able to get a lift.

LET'S CELEBRATE

For those keen, we will organise a dinner on Saturday night, a bit of banter, debriefing and psyching ourselves up for day 2!!

For those who are staying Sunday night 22nd May, an afternoon of celebrations dinner will be held (location and time TBA) to celebrate our achievements, reflect and basically have a good time.

PREPARATION

We are there to help and guide your lead-up, recommending you attend weekday and weekend sessions to effectively prepare. Please see our [What's On calendar](#) for a list of 'double-header' events, running Saturday & Sunday.

Be part of BRS On Tour – Pentath-run
2016! Complete your [form now](#)